



PENNY SOMMER

Penny Sommer is an ICF certified professional and personal development coach who partners with leaders at all levels to define a *vision* for achieving success and fulfilling purpose in both professional and personal aspects of their lives. In partnership, coach and client *create* a plan to achieve that vision... *celebrating* the accomplishments along the way. Penny works with clients who have a strong desire to achieve their goals, the willingness to explore new ideas and deepen self-awareness, and the openness to invite her into the process of change *that is sustainable*.

She has extensive experience in career coaching, partnering with individuals to successfully transition into careers that are meaningful and rewarding. While she is empathetic in her approach, Penny adds rigor and structure to the job search process. Her clients are focused, prepared, and have a powerful edge in this challenging market.

Expertise

- Career Management and Transition
- Executive Coaching
- DiSC 363 Assessments
- Agile Emotional Intelligence
- Five Behaviors of Cohesive Team
- Communication Dynamics and Team Building

Accomplishments

- VP Business Development for global talent management organization focused on and increasing executive coaching solutions for Fortune 500 organizations.
- Substantially increased revenues for organizations providing human resource solutions to medium and small businesses.
- Facilitate workshops and coaching for organizations providing new and emerging leader integration using DiSC Work of Leaders, DiSC Management, and 360 assessments.
- Provided career coaching for a \$5M grant to retrain professionals who transitioned into IT careers.
- Over ten years of coaching hundreds of professionals who are transitioning into new careers.

Education

B.S., Organizational Management, Tusculum, TN
ICF Accreditation, Newfield Network Institute
Business Coaching Certification, NC State University
Certified, Hogan Assessments
Certified, DiSC

Memberships

International Coach Federation
Women Executives, Charlotte, NC

