



SHEILA DEFILIPPI

Sheila Defilippi is a career coach and a business consultant who specializes in working with people in career transition. She has over 30 years of experience in guiding and inspiring people and businesses to explore new possibilities and move forward in achieving their goals and objectives.

Sheila has designed and led workshops in Dealing with Change and Transition, Managing Stress, Doing the Work You Love, as well as Authentic Communication in the Workplace. Her ability to create rapport and make her programs interactive and fun is what makes her workshops so successful.

Ms. Defilippi is the founder of Access Greatness, a consulting company devoted to building great places to work where open communication, authenticity, and integrity are the foundations of building a strong community in the workplace.

Prior to Access Greatness, Sheila was the Vice President of Consulting Services for a large global Outplacement company for over 18 years. She counseled executives, managers and administrative professionals to reinvent themselves to a changing marketplace and develop new skills enabling them to successfully transition into new opportunities.

Sheila has been recognized for her wisdom and insight in helping people see their strengths and talents to gain confidence in themselves to thrive in their personal and professional lives.

Expertise

- Résumé Development
- Career Transition
- Marketing Strategies
- Interviewing/Negotiating
- LinkedIn
- Stress Management
- Leadership Development
- Training and Facilitating
- Career Coaching

Accomplishments

- Managed onsite career centers for major corporations and provided on-going counseling to over 150 employees on all aspects of the job search.
- Created and facilitated Communication, Stress Management and Conducting a Successful Job Campaign for over 500 people going through career transition.
- Developed in house workshops on résumé development, marketing, cover letters, interviewing and negotiating.

Education

Graduate courses in Organizational Development, San Francisco State College, San Francisco, CA.
B.S., Education, Kean College, Union, New Jersey.

