



ROXANNE GILGALLON

Roxanne Gilgallon is a certified professional coach (PCC), professional speaker, and trainer. Using a holistic and comprehensive coaching approach she enjoys helping individuals discover new pathways and possibilities for their next life/professional chapter.

With over 15 years, she has coached thousands of professionals at various points in their careers, from those entering/reentering the workforce; mid-level employees to emerging leaders; executives and C-Suite professionals; veterans and high-ranking military personnel. Her understanding how to work with clients with different career paths and goals has made her an expert in her field.

Roxanne also founded SouthPoint Coaching Group, Inc. in 2004 where she provides a boutique of business consulting; project management; executive coaching; speaking engagements; and Emotional Intelligence and Mindfulness training for businesses, non-profits and federal government.

Many clients have expressed their gratitude to Roxanne for her guidance, time, and passion, taking a true interest in helping them during their transition and providing encouragement and support in their job search efforts.

Roxanne is a true optimist. She believes we are all leaders, teachers, and social influencers at some level who can inspire change and transform lives and that we can have a positive and lasting impact for generations to come.

Expertise

- New Job Transition
- Career Transition & Exploration
- LinkedIn Branding
- Value-Added Résumés
- Leadership Development
- Executive Coaching
- Project Management & Strategic Planning
- Emotional Intelligence & Mindfulness

Experience

- Partnered with over 1000 + professionals in creating and executing a successful personalized career strategic plan.
- Coached emerging leaders in Army (Majors, Lt. Colonels, Colonels) transitioning to their next level of command, focusing on self-awareness, communication interpersonal skills, time management, leading change, execution, results, and well-being.
- Served as Lead Coach for contract coaches, providing training on facilitating virtual small group, and company processes and procedures which resulted in coaches receiving survey ratings of 8+ on scale of 10.
- Coached city government management in Leadership Development Program developing capabilities of high-potential performers utilizing 360 assessments. Developed actions steps and accountability to reach target goals to enhance professional talent and performance.



Roxanne Gilgallon (continued)

- Served on General Motors Special Attrition project offering early retirement or buyout and job search assistance to more than 5000 employees.
- Partnered with ~500 employees, spouses and their families providing acclimation support to successfully integrate into a new city while supporting spouse with job search.
- Project managed over 85 projects with scope values >\$3M; conducted workflow analysis and timelines, monitored project activity and progress, meeting or exceeded customer satisfaction; less than .05% call backs.

Education

M.S., Natural Health, Clayton College of Natural Health, AL

B.A.S., Business Administrative Science, Business Administration, Guilford College, NC

Certifications:

Professional Certified Coach (PCC), International Coaching Federation (ICF)

Board Certified Executive, Leadership, Business, and Career Board Certified Coach (BCC)

Project Management Professional (PMP)

Emotional Intelligence and EQ 360 Practitioner

Birkman Signature Method Professional (BCP)

Human Capital Strategist, Human Capital Institute (HCI)

Roxanne received her Business Coaching training from Duke University. Certified trainings in Mindfulness and Emotional Intelligence through Duke University, Wake Forest, and University of Massachusetts.

Memberships

International Coaching Federation: Washington DC Chapter Member and North Carolina Chapter

International Coaching

Project Management Institute and Piedmont Triad Chapter

Professional Resume Writers and Career Coaches

Human Capital Institute

Triad Coaching Connection

