



JANE LOWENSTEIN

Jane is a problem solver. She has been a coach for executives, people looking to change careers, leaders who wish to change their styles and their impact, high potentials, and those who want to identify their future pathway. Her clients describe her as a perceptive and insightful coach who produces exceptional results. Using assessments and other customized techniques and models, Jane delves into what produces exceptional results in someone's career-search journey.

For over 25 years, Jane has taught managers and executives how to lead others to reach organizational and personal goals, solve people problems, create an environment for high performance and develop an adaptable, competent workforce to handle tough issues. As a federal mediator, she has extensive experience with alternative dispute resolution, labor relations, and negotiation techniques. She is also a Mentor for Women Unlimited Leadership program candidates.

Expertise

- Leadership Development
- Job Search Strategies
- Informational Meetings
- Résumés
- Interviewing
- Self-Assessments
- Career and Transition Management
- Stress Management
- Executive Coaching

Accomplishments

- As a cutting-edge career development professional, she ran a career mentor firm with a partner and taught courses at Drexel University in transferable skills, creating résumés, effective job search techniques, succeeding in interviewing, and "Do I Want To Be An Entrepreneur."
- She co-designed Managing People Through Change to prepare 4,000 employees for re-engineering, new job assignments, advancing career objectives, and geographic alterations.
- Seeing the need to support women in the defense industry who often felt alone and isolated, she founded the organization called Women in Defense to further their personal and professional growth through networking, mentoring, career development, and educational programs.
- As an expert in the field, Jane designed a self-instructional stress management guide and delivered a dynamic training program to help people manage potential life and career challenges.



Jane Lowenstein (continued)

- Having created the Conversations with Leaders series, Jane and her business partner facilitated discussions to address the particular business challenges faced by high potential and emerging professional leaders.
- As an accomplished coach, she was chosen to interact with partners of Expats from Brazil, China, France, and Mexico to improve their career transition skills and to assist them with their transition into American culture.

Education

M.S.S., Group Dynamics, Bryn Mawr College

B.A., International Relations, University of Pennsylvania

Certified to administer:

Achieve Global's Leadership for Results

DiSC Behavioral Style Assessment

SCOPE, a stress management training program

Myers-Briggs Type Indicator

FIRO-B

Memberships

National Defense Industrial Association, board member

Women in Defense Liberty Chapter, founding member and former president

International Coaching Federation, member

Philadelphia Society of People and Strategy, member of the Membership Committee

