



CLAIRE SOLORIO

Claire Solorio is a senior-level career coach with extensive experience in coaching leaders and individual contributors through the process of career transition and career management. A career coach for over 15 years, Claire has helped her clients – from entry level to senior executives – to increase their career growth potential, and she has partnered with individuals from all industries including high-tech, hospitality, telecommunications, bioscience, government, entertainment, manufacturing, pharmaceutical and healthcare. She works independently as well as with outplacement and search firms.

She is known for listening deeply to her clients' aspirations, identifying their strengths and barriers, and helping them succeed with practical planning to achieve their goals.

Claire is passionate about helping people create a balanced lifestyle with work that is satisfying while enjoying all the other areas of life.

Expertise

- Career Transition Coaching
- Career Change
- Career Management
- Exploring Entrepreneurship
- Leadership Coaching
- LinkedIn in Job Search
- Career Assessments
- Change Management

Experience

- Decreased time clients landed in new position by about 50% by coaching individuals on success strategies.
- Identified as a LinkedIn profile expert, increasing view rate on client profiles.
- Facilitated 300+ dynamic webinars yearly utilizing WebEx/ Zoom on topics such as job search, résumé writing, interviewing, networking, negotiation, and entrepreneurship.
- Developed and facilitated workshops and webinars on professional development topics including mentorship, assessment of skills in the workplace, change management, and goal setting improving work performance and retention.

Education

M.A., San Diego State University
B.S., San Diego State University
Certified: MBTI, Compass Assessment
Strong Interest Inventory
Keirsey Temperament Sorter

Memberships

Association for Talent Development

