



## LIZ MOHLER

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Liz Mohler, M.S. ACC is an ICF accredited Life/Career coach helping people "Realize their potential, visualize their goals and actualize their dreams." For over 20 years she has provided career/life coaching sessions to laid-off employees, career changers, recent graduates, entrepreneurs, and those in family business.

With humor and open dialogue, she challenges individuals to identify their motivators, their personal styles and the importance of communicating assertively to achieve their goals. Through written exercises, interaction and activities her clients report feeling more engaged, focused and optimistic after speaking with Liz.

Known for her ability to quickly understand individual concerns and challenges, Liz helps clients re-focus and explore new opportunities by identifying new possibilities and easy next steps to put them on the road to success. Liz combines her counseling and coaching skills to help individuals successfully take responsibility for their own career direction, resulting in successful goal attainment. She has demonstrated success coaching those in hospitality, events, entertainment, Social Media and tech.

Liz is the proud mom of two creative boys, both athletes and artists. Nick, on a D-1 lacrosse scholarship at Boston University, and Nate, a Design Media Art Graduate of UCLA living and working in the Arts District in Los Angeles.

### Expertise

- Career and Transition Management
- Values based Decision Making
- Networking and the Hidden Job Market
- Social Media
- LinkedIn
- Change Management
- Executive Coaching

### Experience

- Current Instructor for UCLA Extension Success Academy.
- Approved vendor for LA County training programs and speaker and trainer for LA City.
- Coach screen writers, film makers and production staff to transition side hustle projects into development.
- Adjunct Professor Pepperdine University; taught Career Development Theories, Graduate School of Psychology and Education/Graziadio School of Business and Management.
- Coached candidates, from recent graduates to pre-retirement in a variety of industries, to develop and implement successful career/life management plans post layoffs.
- Online course creation on Zoom with marketing through Southern California Job Hunters and Professionals Meetup, Eventbrite, Evite, Instagram and other Social Media Channels.
- Career Catalyst for the company "Successful Career Strategies" a boutique legal career coaching firm helping lawyers assess their transferable skills and negotiate career changes.



## **Liz Mohler (continued)**

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### **Education**

M.M.S., University of Arizona-Tucson  
B.S., University of Wisconsin-Madison  
International Coach Federation ACC (Associated Certified Coach)  
VISTa Cards Assessment Instructor/Trainer  
UCLA Continuing Education coursework in College Counseling

### **Memberships**

Director of Professional Development, MPISCC Meeting Professionals International, Southern California Chapter  
Activities Vice-Chair, UCLA Parents' Council Emeriti Network Leadership Team  
Programming Committee, International Coaches Federation Los Angeles Chapter  
Past VP, National Speakers Association Greater Los Angeles Chapter

